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Getting Healthcare in Ireland Mental Health Care

Dr John Hillery

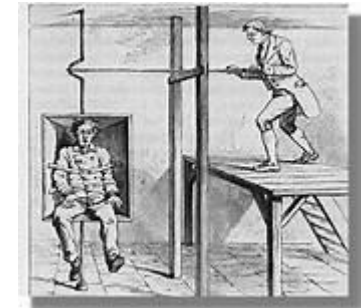
President

College of Psychiatrists of Ireland



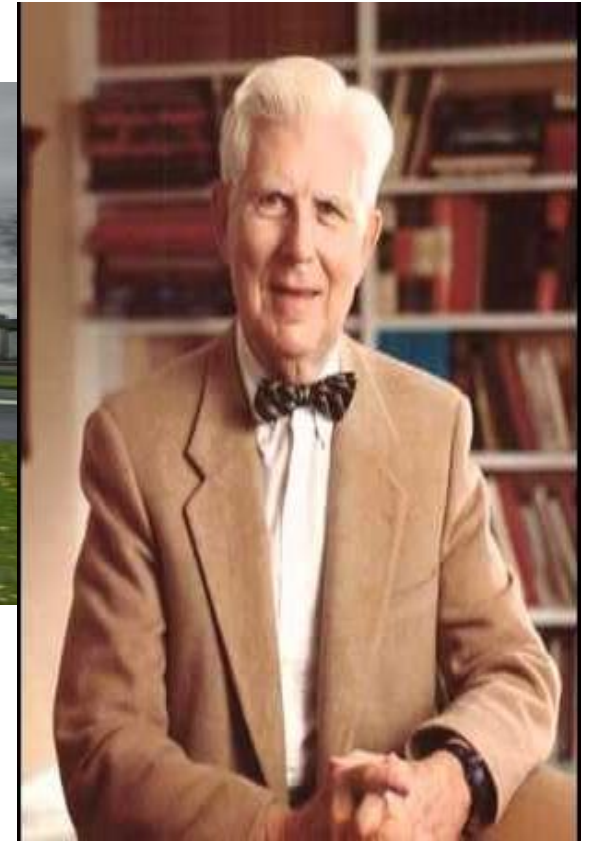
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The College of Psychiatrists of Ireland

Workforce Planning Report 2013 – 2023

December 2013

National Clinical Programmes for MENTAL HEALTH

The National Clinical Programmes for Mental Health were set up as a joint initiative between the HSE Clinical Strategy and Programmes and The College of Psychiatrists of Ireland. The overarching aim of the national programmes is to standardise quality evidence-based practice across the Mental Health Services.

ADVANCES IN CARE IN 2017:

1. EARLY INTERVENTION PSYCHOSIS

Continuing professional development to deliver high quality, specialist, and expert care to people experiencing Mental Health issues, helping staff to support the patient.

- **199 Clinicians** across Mental Health Services have been trained to deliver Behavioural Family Therapy (BFT) to support families and individuals affected by psychosis.
- Supervision structure is in place to reflect and develop BFT skills.

2. EATING DISORDERS

Training and recruitment of specialist teams to support patients who present with eating disorders.

- **200** Clinicians trained in **MARSIPAN** across Mental Health Services and Acute Hospitals.
- **33** Clinicians enrolled in **online training programmes** for Enhanced Cognitive Behavioural Therapy (CBTe).
- **Supervision groups** held for Clinicians trained in Family Based Therapy (FBT) and CBTe to further skills.

3. SELF-HARM

Assessment and management of patients who present to Emergency Departments (EDs) following episodes or thoughts of self-harm.

11,000 patients annually

The programme is now in place in **24 out of 26** EDs, ensuring that every person who presents to the ED following episodes or thoughts of self-harm...

...receives a standard assessment from a nurse specialist.

BOTH THE PATIENT AND THEIR GP WILL RECEIVE A WRITTEN PLAN OF CARE.

Next of kin will receive advice on suicide prevention and the patient will be linked with the next appropriate line of care.

The programmes are working with each ED to have a suitable, dedicated private room for assessment of patients with Mental Health needs.

Educational programmes are in place for all healthcare workers from the Receptionist to the Doctor, to enable staff to recognise individuals presenting to ED who may be experiencing self-harm.

3 specialist teams for Eating Disorders have been funded: 2 teams for child and adolescent services and 1 team for adult services in both Cork and Dublin.

Data collection for FBT and CBTe tracks the number of clinicians delivering intervention and the numbers of patients receiving treatment, securing additional resources for training and supervision.

*The information presented is not representative of formal/national KPI indicators but rather information extracted based on a pioneer or demonstrator project.

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www.hse.ie/eng/about/who/cspa/



National Clinical & Integrated Care Programmes
Programmes, Initiatives, and Services



Your Training Counts

Spotlight on trainee career and retention intentions

Comhairle na nDoctóirí Leighis
Medical Council



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Tuesday 11 September 2018

Hospitals under pressure as 350 consultant posts vacant

Irish Independent

The state of the country's mental health services are also laid bare in the new figures which show there are 65 unfilled psychiatry consultant positions.



Over 700 on waiting list for Cork and Kerry child psych services

Wednesday, September 05, 2018 - 05:40 AM

By Catherine Shanahan
Health Correspondent

More than 700 children with mental health difficulties are on a waiting list for a specialist treatment service in Cork and Kerry, including 200 waiting more than a year

Nearly 3,000 children waiting for a mental health appointment

newstalk
106-108FM



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Issues

- Mental Health v Mental Illness
- Primary Care v Secondary Care
- Training, Recruitment & Retention
- Specialists v Non-Specialists
- Slainte Care another Vision for Change?





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Solutions

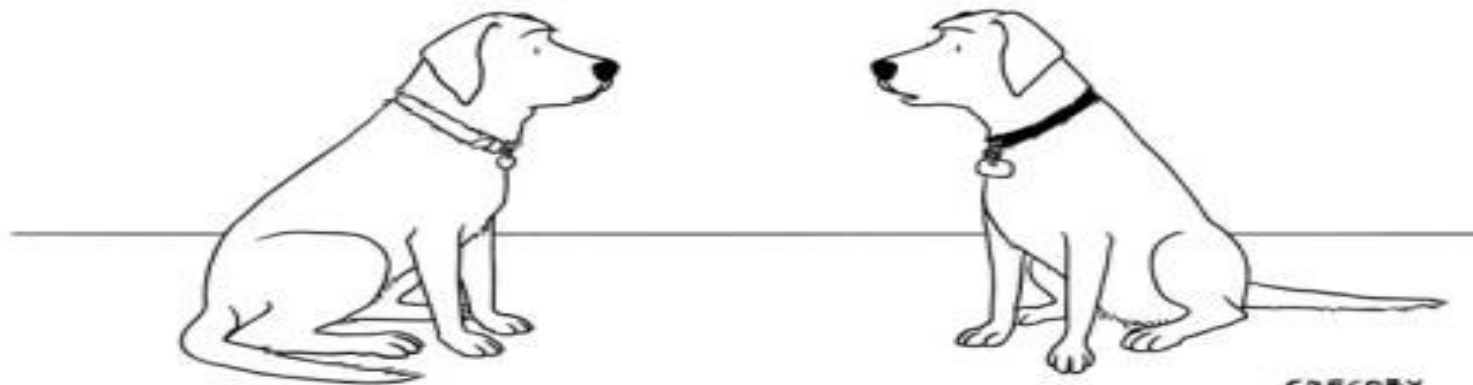


- Deal with the Push Factors
- Accept the Pull Factors
- KPIs appropriate to good mental health care
- Stop confusing Process with Outcomes
- Data NEEDED
- New ways of working



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*"I had my own blog for a while, but I decided to go
back to just pointless, incessant barking."*

CN
COLLECTION